

# LAZY DOG ADVENTURE RACE



**5K Run • 10 Mile Bike Rid • 2 Mile Kayak**  
**Sat May 30, 2009 at 7:00 am**

Category	Name	Age	#	Run	Bike	Kayak	Overall
	Males						
Overall	Burton Aldrich	30	440	20:41.0	0:24:10	0:15:05	0:59:56
Masters	Henry Hidy	45	430	23:37.0	25:05.0	0:16:58	1:05:00
14 & U	Matt Hidy	12	431	0:31:58	0:34:26	0:22:16	1:31:00
15-19	Sasah Cucci	15	444	29:31.0	29:18.0	0:20:51	1:19:00
	Gavin Dietrich	16	445	23:57:00	n/a	0:23:51	1:22:00
25-29	Adam Wood	27	437	19:30:00	0:23:12	0:17:58	1:00:00
	Dylan Stafford	27	425	0:25:51	0:32:04	0:22:45	1:20:00
	Steven Johns	28	421	0:26:53	0:33:27	0:22:20	1:22:00
30-34	Bill Elkins	34	419	22:16:00	0:28:37	0:19:47	1:10:00
	Peter Ryan	33	439	21:42:00	0:32:13	0:23:45	1:17:00
	Brent Schaffer	34	422	0:25:28	0:32:23	0:22:49	1:20:00
	Matt Booton	30	441	22:22:00	0:37:39	0:21:39	1:21:00
35-39	Johnathon Stabile	37	429	21:36:00	0:24:32	0:17:32	1:03:00
	Doug Bradshaw	39	434	22:14:00	0:25:35	0:18:51	1:06:00
	Ross Pipkin	36	443	23:32:00	0:28:16	0:18:52	1:10:00
	David Claing	35	424	21:17:00	0:27:26	0:22:57	1:11:00
	Josh Berube	36	420	23:25:00	0:31:36	0:20:39	1:15:00
	James Moger	35	417	0:29:40	0:32:16	0:19:44	1:21:00
40-44	Michael Behmke	42	415	23:48:00	0:29:04	0:19:48	1:12:00
	Andrew White	40	423	24:44	0:30:35	0:21:21	1:16:00
50-54	James Mill	53	442	22:52:00	0:29:52	0:18:36	1:10:00
	Edward Healy	52	438	0:24:09	0:28:03	0:19:28	1:11:00
	Gregory Lynch	54	426	0:29:38	0:32:09	0:20:53	1:22:00
	Daniel Anderson	52	435	30:42.0	0:29:10	0:24:48	1:24:00
Clydesdale	Matt Smith	36	428	0:35:00	0:23:52	0:19:48	1:18:00
	Scott Grzbowski	44	427	0:36:30	0:30:10	0:23:00	1:29:00
	Tyler Hale	28	436	0:32:08	0:39:45	0:22:47	1:34:00

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Category	Female	Age	#	Run	Bike	Kayak	Overall
Overall	Amy Spielberg	33	526	0:24:21	0:25:30	0:21:49	1:11:00
Masters	Kelly Valle	40	523	0:29:34	0:29:06	0:23:00	1:21:00
25-29	Bonnie Wood	26	527	0:23:04	0:26:47	0:24:49	1:14:00
	Sarah Knott	28	531	0:28:34	0:32:19	0:21:47	1:22:00
	Libby McDowell	25	519	0:26:40	0:32:16	0:24:44	1:23:00
	Rocelle Novak	28	520	0:28:34	0:33:30	0:26:36	1:28:00
30-34	Samantha Paterson	32	518	0:24:21	0:29:37	0:21:42	1:15:00
	Jill Cipriano	30	521	0:30:04			1:30:00
35-39	Colleen Tabberer	36	532	0:25:16	0:37:15	0:21:09	1:23:00
	Ali Ferguson	36	522	0:27:06	0:34:33	0:24:01	1:25:00
	Sarah Williams	35	517	0:26:31	0:33:04	0:26:05	1:25:00
	Jennifer Ryan	37	530	0:26:58	0:37:51	0:24:31	1:28:00
	Maureen Kempa	38	528	0:32:46	0:33:07	0:23:47	1:29:00
	Vanessa Brock	37	524	0:25:12	0:45:30	0:20:58	1:31:00
	Kimberly Banning	38	533	28:38.0	0:36:07	0:27:55	1:32:00
40-44	Michelle Burke	40	516	27:18.0	35:29.0	32:53.0	1:35:00
45-49	Deirdre Robbins	49	529	30:43.0	29:15.0	22:42.0	1:22:00

RELAYS							
Male	Daniel Garcia		350	0:24	0:22:57	0:17:43	1:04:00
	Frank Gutierrez						
	Tommy Mack						
	Robert, Finn, Jett Valle		347	0:33	0:39:54	0:18:46	1:31:00
Mixed Relay	Norman Vohel		349	0:20:25	0:29:21	0:18:54	1:07:00
	Ryan Agnew						
	Alexis Emalinski						
	Roger McVeigh		348	0:33:47	0:18:24	0:21:12	1:12:43
	Jill Sorbeio						
	Betsy Langan						