FKCC Sprint Tri- & Biathlon Sat, March 19, 2011

600 Yard Swim • 10 Mile Bike Ride • 5K run

CHECK IN at FKCC Pool: 6-7:15 am START: 7:30 am

NAME:_____ GENDER M__ F__

ADDRESS:_____

CITY: _____ STATE: _____ ZIP: _____

PHONE:_____ AGE:____ BIRTHDAY: _____ ACTIVE DUTY: _____

EMAIL ADDRESS:_____ T-SHIRT SIZE S M L XL

CATEGORY (circle one):

TRIATHLON ATHENA CLYDESDALE RELAY **BIATHLON**: SWIM/RUN BIKE/RUN SWIM/ BIKE

I hereby release FKCC, MWR, County of Monroe and the City of Key West organization, commercial sponsors and officials from all claims of injury or damage resulting from my participation in this activity. I hereby declare that I am in proper physical condition to participate in the activity I have selected to enter. I understand and agree that any FKCC organization may subsequently use for publicity and promotional purposes my name and/or picture participating in this event without any obligation or liability to me. I further understand and agree that my entry fee is non-refundable.

_____ Signature of entrant

_____ Signature of Parent/Guardian (if under 18)

_____ Date

COST: $40 Triathlon $30 Biathlon $90 Relays Add $10 if entered on race day

Mail entry forms and checks payable to FKCC to:

Florida Keys Community College
Attn: Lori Bosco
5901 College Road
Key West, FL 33040

Race Packet Pick-up & Registration:
Friday, March 18, 2011

AWARDS:

Overall: Male, Female, Masters Male (Over 40), Masters Female (Over 40), Junior, Active Duty
Top 3 in each Age division or category:
14&U, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70 & O
Athena (Women 160+ lbs), **Clydesdale** (Men 200+ lbs), **Active Duty** (Male, Female)
Relays: Male, Female Mixed and Junior
Biathlon: Top 3 Male or Female in each category

Rules

- **All athletes are REQUIRED to wear a bike helmet during the bike portion**
- **NO DRAFTING**
- **NO riding bikes in staging area**
- **Violation of rules may subject athletes to disqualification**
- **Meet director has final authority.**